# **AMES** PAGEONE MARCH 2023 **PUBLIC** LIBRARY



515 Douglas Avenue, Ames, IA 50010 (515) 239-5646 • www.amespubliclibrary.org

To view **Page One** online or to sign up to receive the **Page One** e-mail newsletter, visit our website.

### **LIBRARY HOURS**

Monday-Thursday: 9am-9pm Friday & Saturday: 9am - 6pm

Sunday: 1pm - 5pm

### 50 Years of Title IX

Title IX was signed into law June 23, 1972, impacting girls and women in sports across the United States. Join us in honoring and celebrating these impacts on our community.

### Title IX in Ames Exhibit

### March 6-31, Library Entryway

While girls' sports have always been a part of the Ames High School experience, competitive girls' sports were strengthened and expanded through the passage of Title IX. Learn about the history of girls' sports at Ames High School through this photo exhibit.

Presented in partnership with Ames Public Library and Ames History Museum.

Watch for a Title IX panel discussion featuring former ISU athletes as well as current and past administrators Saturday, April 15, at 2pm at Ames Public Library.



### Thursdays (except March 30 & April 6) 4-6pm, Teen Space

Need a brain break? Teens are invited to hang out and play videogames in the Teen Space!



It's March Madness, book-style! We're pitting the most popular new books from 2022 in our children's section against each other in a literary showdown. Each week, vote for you favorite from each face-off by visiting www.AmesPublicLibrary.org/MarchMadness or stop by the Youth Services Desk to cast your vote.



### Saturday, March 4, 2pm, Auditorium

All ages are welcome to attend Des Moines Metro Opera's performance of Sid the Serpent Who Wanted to Sing, the story of a serpent in the circus who longs for more than just slithering in and out of his basket—he wants to sing! His efforts to find a singing style suitable to a snake are hilarious.

Presented in partnership with Ames Public Library and the Ames Chapter of the Des Moines Metro Opera Guild. Supported in part through local option tax funds provided by the City of Ames through the Commission on the Arts.



### Sunday, March 5, 3-4pm, Board Room

Proud Place Ames is a safe space for LGBTQIA+ teens to share common experiences, hang out, craft, and learn together. For more information, e-mail our teen librarian, Ethan, at eatwell@amespubliclibrary.org.

No registration is required.

Presented by the Ames Public Library's Teen Advisory Group (TAG).



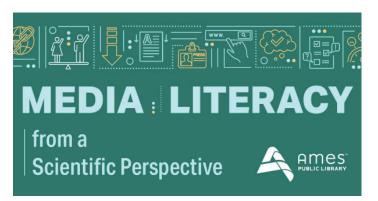




### 1<sup>st</sup> Monday of Each Month (starting March 6) 12pm, Danfoss Room or via Zoom

Fresh Conversations is a free nutrition education program designed to support healthy aging and independence, especially for Iowans aged 60 and older. Join us and discuss current nutrition and health topics, taste low-cost healthy recipes, and discover new ways to stay active and independent.

Presented in partnership with Ames Public Library and Aging Resources of Central Iowa. Funded by USDA's Supplemental Nutrition Assistance Program (SNAP).



### Monday, March 6 7pm, Auditorium or via Zoom

Are you on social media? Do you watch the news? Come join graduate students from the Department of Psychology at Iowa State for an informative panel discussion on how to improve your media literacy skills!

Discussion will feature real-world examples and introduce the science behind the media we all spend time with.

Topics include recognizing reputable sources, spotting hidden ads, understanding health news, the positive benefits of media, and the effects of video games.

Presentations from students will be followed by a Q&A.

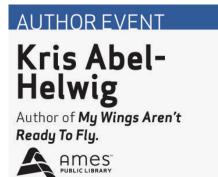


### 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of Each Month 4pm, Storytime Room

Come play chess! Whether you are just a beginner or already an expert, all kids in grades 4-6 are welcome to come have fun after school on the first and third Tuesdays of each month.

Drop in and learn how to play or come and face off against a new opponent.

Supported by the Ames Public Library Friends Foundation.





### Tuesday, March 7 6:30pm, Rotary Room

Come meet local author, illustrator, and photographer Kris Abel-Helwig as she talks about her new young adult release and last book in her *Hero Series* trilogy: *My Wings Aren't Ready To Fly*.

She has also written, illustrated, and independently published children's books and stand-alone young adult novels, including the award-winning *I Wish My Words Tasted Better*.

Presented in partnership with Ames Public Library and Ames Writers Collective.



Tuesday, March 7 6:30-8:30pm, Library Auditorium

### Topic: Substance Use Disorders

In a partnership with local substance use treatment organizations, Iowa State University Student Wellness, and the Ames Community School District, the City of Ames is hosting a "Community Conversation about Substance Use Disorders" to explore the connections between substance use and its impact on mental health.

Personal stories will be shared as well as presentations from representatives from Community and Family Resources, YSS, Iowa State University Student Wellness, Ames Community Schools, and Ames Police Department. A question-and-answer session will follow.



Wednesday, March 8, 5-6pm, Board Room Register at amespubliclibrary.org/events or e-mail eatwell@amespubliclibrary.org

Help plan exciting Library events for teens, share what you're reading, make new friends, and eat some food!

Supported by the Ames Public Library Friends Foundation.



Thursday, March 9 10am-1pm, Rotary Room (Activity in Danfoss Room)

Join the Mainstream Living community for a monthly movie screening and related activity!

Selected movies are appropriate for adults who are neurodivergent and/or have an intellectual disability. Movies with Mainstream is open to all ages!

This month, we'll watch *Space Jam: A New Legacy* with a basketball-themed activity to follow in the Danfoss Room.



Presented in partnership with Ames Public Library and Mainstream Living.



Saturday, March 11 11:30am, Storytime Room

Arabic Storytime is a chance for children and families to immerse themselves in stories, songs, and all things fun about Arabic culture. Come learn and engage in this wonderful storytime experience.

# Ames Public Library BOK SALLE

515 Douglas Avenue • Auditorium

Thursday

**MAR. 9** 

5:30-8:30pm

\$2 Admission

Free admission and early entry starting at 5pm for current donors to the APLFF at the \$20 level and above.

Fri. & Sat.

MAR. 10 & 11

9am-6pm

FREE Admission





Presented by the Ames Public Library Friends Foundation. Proceeds are used to enhance Ames Public Library's collections, programs, and services.





# 2<sup>nd</sup> and 4<sup>th</sup> Sunday of Each Month 2-4pm, Location Varies

Calling all school-aged Poké-Kids! Come learn how to play the Pokémon Trading Card Game and use a Librarysupplied deck to battle other players.

You can bring your decks to talk and strategize with other players, but card trading will not be allowed.

Don't want to play? Come to watch others, enjoy Pokéart activities, chat with other kids, and build a supportive community of friends!

Kids ages 8 and under need to bring a caregiver along to help. Caregivers: not sure what Pokémon is all about? This is a great opportunity to learn along with your kids!

Supported by Ames Public Library Friends Foundation.



Stop into the Teen Space for a movie or two during spring break!

### The Bad Guys

Monday, March 13 1:30pm, Teen Space

(2022, MPAA Rating PG, 1h 40m)

### Strange World

Wednesday, March 15 1:30pm, Teen Space

(2022; MPAA Rating PG, 1h 42m)







# Monday, March 13 2-4pm, Auditorium

All ages are invited to get creative in this workshop presented by Tshe Community Academy of Ames. Explore and create artistic masterpieces using clean everyday materials that could have easily ended up in the garbage. How can you use egg cartons, cardboard, and other items to create beautiful art?

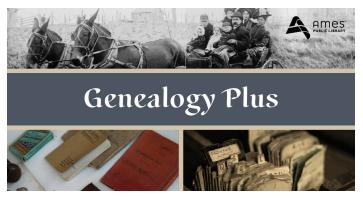
Presented in partnership with Ames Public Library and The Community Academy of Ames.



### 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of Each Month 4pm, Storytime Room

Children in grades 3-5 are invited to get creative and build with lots of LEGO®! We'll provide the bricks while the kids provide the imagination. All LEGO® will remain at the Library, so bring a camera to capture a photo of your build. Please leave your own LEGO® at home so they don't get mixed up with the Library's.

Supported by the Ames Public Library Friends Foundation.



### Wednesday, March 15 10am-12pm, Auditorium or via Zoom

Topic — Gems & Junk: A Beginner's Guide to Online Research

### Speaker — Alice Hoyt Veen, CG

Today's family historians have an amazing selection of online sources and resources for genealogical research.

What are the best options and how do you differentiate between true "gems" and outright junk? This presentation explores the very best and the very worst of online genealogy.

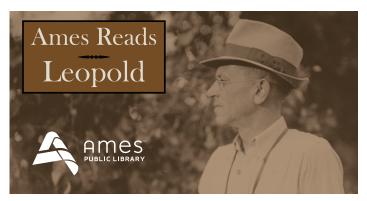
Presented in partnership with Ames Public Library and the Story County Genealogical Society.



### Friday, March 17 4-6pm, Teen Space

Join our monthly meetup to watch some anime, talk about your favorite manga, or create your own art and manga.

Open to  $6^{th}$ - $12^{th}$  graders. Anime watched is considered to be rated G to PG-13.



### Sunday, March 19 1:30-4pm, Auditorium

Join your friends and neighbors at this year's "Ames Reads Leopold" event and hear the thought-provoking words of Iowa's own Aldo Leopold, widely acknowledged as the father of wildlife conservation and a strong advocate for a "Land Ethic" in America. Although Leopold's *A Sand County Almanac* was first published in 1949, his words continue to be as poignant today as then.

Neil Hamilton, Former Director of the Drake Agricultural Law Center and Professor Emeritus of Law, will be a featured speaker. Additional speakers/readers will include local high school and Iowa State University students as well as community members.

Presented in partnership with Ames Public Library, Creative Writing & Environment at ISU, ISU Bioethics Program, Leopold Center for Sustainable Agriculture, Office of Sustainability/Live Green! Initiative, Outdoor Alliance of Story County, Story County Conservation, and The Sustainable Agriculture Student Association (SASA) ISU.



### Sunday, March 19 4pm, Storytime Room

German Storytime is a chance for children and families to immerse themselves in stories, songs, and all things fun about German culture. Come learn and engage in this bilingual storytime experience.



### Tuesday, March 21 4-6pm, Teen Space

Drop in and try out some of your STEAM skills during our monthly Maker Challenge. Open to 6<sup>th</sup>-12<sup>th</sup> graders.



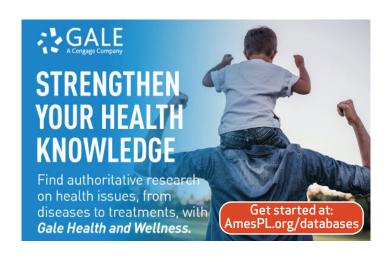


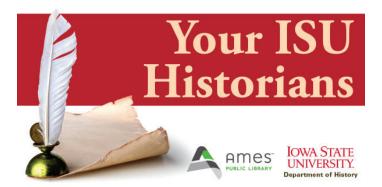


# Thursday, March 23 7pm, Auditorium and Facebook Live

Learn with the League of Women Voters about U.S. Army and Joint Operations. Richard Smith, MBA, MPH retired Lieutenant Colonel, will talk about the current structure of the Army, how it operates now in a Joint environment, and his experiences in Afghanistan.

Presented in partnership with Ames Public Library and the League of Women Voters of Ames & Story County.





### Tuesday, March 21 7pm, Auditorium or via Zoom

Topic — Isolating the Enemy: Diplomatic Strategy in China and the United States, 1953-1956

### Speaker — Tao Wang

In the mid-1950s China and the United States tried to isolate each other internationally. As this talk by Tao Wang shows, Washington often overestimated Beijing's aggressiveness while Chinese leaders convinced U.S. allies and neutral countries to pressure Washington to make concessions on areas of mutual concern.

Presented in partnership with Ames Public Library, Ames History Museum, and Iowa State University Department of History.



### Saturday, March 25 11:15am-12:15pm, Storytime Room

Join this inclusive and welcoming community of families that are growing. Whether you are pregnant, adopting, just delivered or have young children at home, join us as we support each other and grow together. Facilitated by Certified Nurse Midwife Megan Sloat, these monthly meetups will connect families to each other and to resources and answers about birth and parenthood.

Presented in partnership with Ames Public Library and Aurelia Childbirth.

# Ames Public Library AUTHOR FAIR

MARCH 25

**PRESENTATIONS** 

## Make Sense of Writing

1-2pm, Rotary Room

Presented by Michaeljulius
Idani, University of Iowa
College of Liberal Arts and
Science Postgraduate Visiting
Writer in Fiction and Visiting Assistant Professor

## After the Writing: The Journey of Publishing

4:30-5:30pm, Rotary Room

Presented by Denise Williams, author of How to Fail at Flirting and many more, and Rachel Mans McKenny, author of The Butterfly Effect





# BOOK SALES & SIGNING

### 2:15-4:15pm, Auditorium

Readers are welcome to drop in, chat with authors, purchase books, and have books signed.

### CALLING LOCAL AUTHORS!



Request a table to sign and sell books at the following link by March 10. Space is limited.

https://bit.ly/APLAuthor2023





Wednesday, March 29 7pm, Auditorium or via Zoom

Topic—Exploring the Trice Connection: Jack's African-American ISC Friends, Family, and Classmates

Speaker—Gloria Betcher, Historical Researcher; Teaching Prof. of English, Iowa State University October 1923 marks the centennial of Jack Trice's tragic death, and Iowa State University and the Ames community will celebrate his accomplishments and the inspiration he continues to provide. Equally inspiring and noteworthy are Jack's African American friends, family, and classmates.

This lecture will explore the lives of Jack's early 1920s social connections and examine what life was like for him, his Alpha Phi Alpha fraternity brothers, his wife, and his Black classmates. Where did they live and how did they fund their educations? Among this group were future engineers, teachers and professors, a future aviator, two future university Directors of Agriculture, three future university presidents, and a future Congressional Medal of Freedom recipient—all defying the odds by attending an historically White college in a majority White state.

Presented in partnership with Ames Public Library and Ames History Museum.



### Welcome to Medicare

Saturday, April 1, 10am-12pm, Auditorium

Registration is required by March 24. Call (800) 351-4664 to register.

Join us for a free seminar about Medicare Parts A and B, prescription drug benefits (Part D), Medicare Advantage plans, Medicare supplement insurance, and Medicare fraud.

### Computer Classes

Wednesdays in April 10am-12pm, PEO Room

April 5: Intro to Computers April 12: Intro to Web Browsers April 19: Intro to Computer Files April 26: Intro to Email

Computers are provided for all classes.



# **English**Mondays 12:30-1:30pm, Danfoss Room

Gather for casual conversations in English. The focus of this group is to help English Language Learners gain confidence and fluency in a comfortable and fun setting. Library staff will pair native and non-native speakers and provide themes, questions, and topics for conversation.

Spanish: Tuesdays, 7-8:30pm German: 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of Each Month, 7-8pm Russian: Saturdays, 3-4pm French: Saturdays, 4-5:30pm Board Room or Zoom

Gather (in person or online) for casual conversations in different languages. Chat in your native language or get comfortable speaking in another language.



# Thursdays, 11am-1pm 2<sup>nd</sup> Floor Study Room

Staff from Community and Family Resources will be available in the Library to provide information about addiction, substance abuse treatment, problem gambling treatment, and mental health therapy.

They can also provide assistance in getting started in any of these services including filling out some of the preappointment forms.



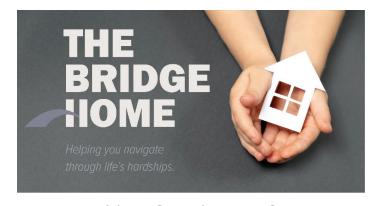
# Mondays, 9:30am-12:30pm & 1:30-3:30pm, Rotary Room

Come by to speak with an Iowa WORKS Career Planner for individualized, one-on-one career services. Career Planners can assist with resumes, mock interviews, filing for unemployment, and more.



### Health, Wellness, & Nutrition

Your Ames Public Library card gets you free access to ConsumerLab.com for health product reviews, recalls and warnings, vitamin and mineral intake calculator, and more.



### Tuesdays, 11am-2pm, 1<sup>st</sup> Floor Study Room Thursdays, 4-7pm, 2<sup>nd</sup> Floor Study Room Fridays, 11am-2pm, 2<sup>nd</sup> Floor Study Room

Staff from The Bridge Home will be available in the Library to assist individuals and families on the verge of—or experiencing—homelessness with apartment searching, appointment scheduling, job applications, and more.

Staff members will also be available to connect community members who are experiencing homelessness with vital services.



# $1^{\text{st}}$ & $3^{\text{rd}}$ Wednesday, $1^{\text{st}}$ Floor Study Rooms $2^{\text{nd}}$ & $4^{\text{th}}$ Wednesday, $2^{\text{nd}}$ Floor Study Rooms 11am-12pm

Staff from LSI will be available in the Library to assist individuals and families with free parent education, resources, and support.

A certified LSI Parent Educator can help you learn what to expect in your child's growth and development from pregnancy to birth to age five, so you can give them a great start to a bright future!

# A A A S STORYTIMES & MORE

### Baby Time (except March 30 & April 6)

Tuesdays at 1:30pm Wednesdays at 11am Thursdays at 6pm Storytime Room

Bring your pre-walker to the Library for stories, songs, and baby sign language. Join with other caregivers and older siblings for 20 minutes of fun and learning. Feel free to bring a stuffed animal or doll for the older sibling to learn along with you. Babies and caregivers are welcome to stay and play after the event!

### **Toddler Storytime**

Mondays and Wednesdays 10:30am, Storytime Room

Families with toddlers are invited for a storytime filled with music, stories, and fun!

### Family Storytime

Tuesdays, Thursdays, and Saturdays 10:30am, Storytime Room

Preschool-age children and their grown-ups are invited to enjoy stories, songs, and movement activities while building early literacy skills.



### Tuesdays, 11am-12pm Youth Makerspace

Drop in and enjoy this process-focused craft or activity meant for children and their grown-ups.



### Fridays, 10:30am Auditorium

Families are invited to get hands-on with a fun science activity for all ages!



# Thursdays (except March 30 & April 6) 4pm, Location Varies

Kids in kindergarten through fifth grade are invited to the Library for a wide variety of fun activities after school on Thursdays! Our activities could include art, science, games, and more! We will also provide a small snack.

# BOOK GROUPS BOOK GROUPS

### 028: Real Reads

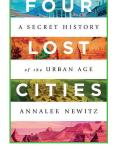
# 2<sup>nd</sup> Thursday of Each Month 7pm, Board Room or via Zoom

028 focuses on recently published, popular nonfiction on a variety of topics

March 9:

### Four Lost Cities:

A Secret History of the Urban Age by Annalee Newitz



April 13:

**All That She Carried:** The Journey of Ashley's Sack, a Black Family Keepsake by Tiya Miles

 $Supported \ by \ the \ Ames \ Public \ Library \ Friends \ Foundation.$ 

### View from the Margins

### 2<sup>nd</sup> Sunday of Each Month 2-4pm, Board Room or via Zoom

Check out this book discussion group exploring social and cultural topics through the lens of fiction and nonfiction. The goal is to encourage deep reflection and nuanced discussion about how the topics' impacts manifest and resonate in modern society.

March 12:

All the Water I've Seen Is Running by Elias Rodriques

April 16 (special date): **Bury My Heart at Chuck E. Cheese's** by Tiffany Midge



Supported by the Ames Public Library Friends Foundation.

### Mystery Lovers Book Club

### 1<sup>st</sup> Wednesday of Each Month 12pm, Rotary Room

Mystery readers, come talk about books by a selected author or on a theme!

March 1: Ian Rankin April 5: J.D. Robb



### Thursday, March 2 10am, Rotary Room

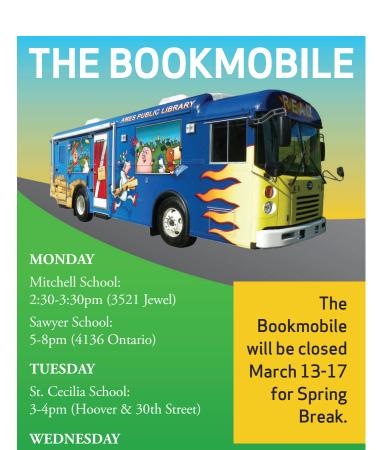
Join Library staff for a monthly book discussion just for families that are homeschooling or learning remotely! This year, we have selected a diverse collection of books that mirror our world, with a special focus on stories about historically excluded identities and groups of people.

Families are invited to read the book of the month (together or independently), then come to the Library for a discussion and related activities. This event and books are geared for school-age kids or middle-grade reading level, but all ages are welcome.

March 2: **RAD American Women A to Z**by Kate Schatz

April 6: **The Turtle of Oman** by Naomi Shihab Nye





# Are you over 70 and considering a charitable donation?

A new year has brought more than just resolutions. It's brought changes that may make it easier for you to make a difference at Ames Public Library.

- The age retirees must begin taking taxable withdrawals changed to 73 in 2023. However, the age for making a qualified charitable distribution remains at 70½.
- The annual limit on direct gifts to qualified charities from your IRA has also been changed. Historically, the amount you could give was capped at \$100,000 per year. This figure will now be adjusted annually for inflation beginning in 2024.
- If you are 70½ or older, you can make a one-time election for a qualified charitable distribution of up to \$50,000 (without being taxed) from your IRA to fund a life-income gift such as a charitable gift annuity, charitable remainder unitrust, or charitable remainder annuity trust.

You can support the outstanding programming at the Ames Public Library in a financially savvy way! Visit www.APLFF.org to learn more.

# BECAUSE OF YOU LIBRARIES TRANSFORM®

Fareway on Stange: 5-8pm (Stange & Bloomington)

ISU Campus: 11am-1pm (Near Parks Library)

**Edwards School:** 

**THURSDAY** 

2:30-3:30pm (820 Miller)

The Ames Public Library Friends Foundation would like to thank the following sponsors for their support:





# MARCH



connects you to the

world of ideas through

diverse and inclusive

resources and programs.

We welcome program

proposals via our website www.AmesPL.org.

www.amespubliclibrary.org



**English:** 12:30-1:30pm

Danfoss Room

**Conversation Circles** 

**Spanish:** 7-8:30pm

Board Room or via Zoom

Ames History Museum:

**Exploring the Trice** 

Connection

via Zoom

7pm, Auditorium or