



Logistics of Healthcare:

Accessing Gender-Affirming Healthcare as a Trans and Nonbinary Person



ADULT NONFICTION

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Debunks the twenty-one most common myths and misperceptions about transgender issues

My sister: how one sibling's transition changed us both [306.768 LEY 2020](#)

A powerful, honest memoir by two sisters - one a star on Orange Is the New Black, one a trans woman and activist - about transitioning, family, allyship, and the path to self-realization

Headcase : LGBTQ writers & artists on mental health and wellness [616.89 HEA 2019](#)

A groundbreaking collection of personal reflections and artistic representations illustrating the intersection of mental wellness, illness, and LGBTQ identity.

She/He/They/Me (2019) [Available on Hoopla](#)

If you've ever questioned the logic of basing an entire identity around what you have between your legs, it's time to embark on a daring escape outside of the binary box...

Nonbinary (2019) [Available on Hoopla](#)

The powerful first-person narratives of this collection show us a world where gender exists along a spectrum, a web, a multidimensional space.

YOUNG ADULT NONFICTION

The pride guide : a guide to sexual and social health for LGBTQ youth [YA 306.76 LAN](#)

A complete guide to sexual and social development, safety, and health for LGBTQ youth (particularly trans teens) and those who love and support them.



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Trans+ : love, sex, romance, and being you [YA 306.76 GON](#)

An all-inclusive, uncensored guide for teens who are transgender, nonbinary, gender-nonconforming, or gender-fluid. TRANS+ covers mental health, physical health and reproduction, transitioning, relationships, sex, and life as a trans or nonbinary individual.

Everything you ever wanted to know about trans (but were afraid to ask) [YA 306.76 TAN 019](#)

Leading activist and essayist Brynn Tannehill aims to break down deeply held misconceptions about trans people across all aspects of life, from politics, law and culture, through to science, religion and mental health.

NONFICTION for PARENTS

Transgender children and youth : cultivating pride and joy with families in transition [306.76 NEA 2017](#)

A comprehensive guide to understanding, supporting, and welcoming trans kids. Covering everything from family life to school and mental health issues, as well as the physical, social, and emotional aspects of transition.

The transgender teen : a handbook for parents and professionals supporting transgender and non-binary teens [306.768 BRI 2018](#)

This book explores the unique challenges that thousands of families face every day raising a teenager who may be transgender, gender-variant or gender-fluid.

Like a boy but not a boy : navigating life, mental health, and parenthood outside the gender binary [305.3 BEN 2020](#)

These 14 essays explore one nonbinary parents experience with gender expectations and delves into themes of mental illness, mortality, creative work, and class.

FILMS on KANOPY

Transgender Tuesdays (2014)

Eighteen years ago, a team of HIV health-care workers at a clinic in San Francisco and activists opened the country's first primary care clinic for transgendered people.

FRONTLINE: Growing up Trans (2015)

Personal stories from children, parents and doctors about the struggles and choices that transgender children face, and the medical interventions available.

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