AMES PAGEONE **PUBLIC** LIBRARY

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Music & WorkshopSUMMER READING
Sneak Peak

MENTAL HEALTH

AND for Teens MORE



515 Douglas Avenue, Ames, IA 50010 (515) 239-5646 • www.amespubliclibrary.org

To view Page One online or to sign up to receive the Page One e-mail newsletter, visit our website.

LIBRARY HOURS

Monday-Thursday: 9am-9pm Friday & Saturday: 9am - 6pm Sunday: 1pm - 5pm



English Mondays, 11am-12pm, PEO Room

Gather for casual conversations in English. The focus of this group is to help English Language Learners gain confidence and fluency in a comfortable and fun setting. Library staff will pair native and non-native speakers and provide themes, questions, and topics for conversation.

Spanish

Tuesdays, 7-8:30pm, Board Room or Zoom

Russian Saturdays, 3-4pm, Board Room or Zoom

French Saturdays, 4-5:30pm, Board Room or Zoom

Gather (in person or online) for casual conversations in different languages. Chat in your native language or get comfortable speaking in another language.



Ames Public Library is partnering with The Bridge Home to provide easy access to critical services. Staff from The Bridge Home will be available in the Library to assist individuals and families on the verge of—or experiencing homelessness with apartment searching, appointment scheduling, job applications, and more.

Staff members will also be available to connect community members who are experiencing homelessness with vital services.

You can find The Bridge Home at Ames Public Library:

Tuesdays 11am-2pm on the first floor

Thursdays 4-7pm on the second floor

Fridays 11am-2pm on the second floor

STUDY SPACE

Need somewhere quiet to get ready for finals? We reserved space just for study time.

Drop in any of the following times, or ask about our regular study rooms!

May 2-5 and May 9-11: 1-8:45pm, Danfoss Room

May 6 & 7: 1-5:45pm, Danfoss Room





Thursdays, May 5-June 9 1-4pm on the second floor

Staff from ACCESS will be available in the Library to provide services that enhance safety, and empower survivors of domestic abuse or sexual assault. If you are dealing with sexual harassment, domestic abuse (emotional or physical), or sexual abuse, we will hold a confidential space where you can get emotional support and tips for safety planning. We are also available to help with reporting to law enforcement, Civil No-Contact Orders, and more.



Wednesday, May 4 7pm, Rotary Room

This presentation is specifically for teens.

NAMI Ending the Silence is an engaging presentation that helps audience members learn about the warning signs of mental health conditions and what steps to take if you or a loved one are showing symptoms of a mental illness.

NAMI Ending the Silence presentations include a lead presenter who shares an informative presentation and a young adult with a mental health condition who shares their journey of recovery. Audience members can ask questions and gain understanding of an oftenmisunderstood topic. Through dialogue, we can help grow the movement to end stigma.

Presented in partnership with Ames Public Library and National Alliance on Mental Illness (NAMI) Central Iowa.



Thursdays, 3:30-6pm, Teen Space

Need a brain break? Teens are invited to hang out and play videogames on our big screen Thursdays after school!



1st and 3rd Wednesday of Each Month 7-8:30pm, Location Varies

2nd and 4th Thursday of Each Month 10-11:30am, Teen Space

All mothers are invited to come together to connect, explore issues, deepen intuition, and share their parenting journeys. We will address the needs and concerns of each mother so they can find compassionate support and inspiration.



1st Thursday of Each Month 10am, Auditorium

Join us for a monthly book discussion just for families that are homeschooling or learning remotely! Each month, we will focus on a different genre of books.

Families are invited to read the book of the month (together or independently), then come to the Library for a discussion and related activities. This event and books are geared for school-age kids or middle grade reading level, but all ages are welcome to attend.

On May 5, we'll talk about *Harry Potter and the Sorcerer's Stone* and the fantasy genre.

Supported by the Ames Public Library Friends Foundation.



Saturday, May 7 2pm, Library Auditorium

Catch the rhythm of urban Brazil with Paulo Padilha e Bando. The ensemble will introduce the music of Brazil, including traditional samba music. They will also share information about their instruments and speak about the culture of Brazil.

This musical workshop is perfect for all ages! Questions from the audience will be welcomed.

Presented in partnership with Ames Public Library and Iowa State Center.

A program of Arts Midwest, the 2019–2022 Arts Midwest World Fest cycle is generously supported by the National Endouvnent for the Arts, 3M Foundation, the Kaufman Family Fund for Israeli Cultural Exchange, and Music Port. World Fest is also made possible by the voters of Mimesota through a gram from the Minnesota State Arts Board, thanks to a legislative appropriation from the arts and cultural heritage fund. Arts Midwest is also generously supported by Illinois Arts Council Agency. Indiana Arts Commission, lowa Arts Council, Michigan Council for Arts and Cultural Affairs, Minnesota State Arts Board, North Dakota Council on the Arts, Ohio Arts Council, South Dakota Arts Council, and Wisconsin Arts Board.

A PROGRAM OF SUPPORT PROVIDED BY











Wednesday, May 11 6pm, PEO Room

Join Ames Public Library and Story County Extension for an engaging presentation for teens (ages 12-18) to learn practical strategies for coping with stress, emotions, and every day life.

Get tips for improving overall well-being, relationships, and performance in school, sports, the arts, and other activities.

No registration required!

Presented in partnership with Ames Public Library and Iowa State University Extension and Outreach. Sponsored by Ames Optimist Club.



Thursday, May 12 10am-1pm, Auditorium

Join the Mainstream Living community for a monthly movie screening and related activity!

Selected movies are appropriate for adults who are neurodivergent and/or have an intellectual disability. Movies with Mainstream is open to all ages!

On May 12, we'll watch *Moana* and end with a rock painting activity.



Presented in partnership with Ames Public Library and Mainstream Living.



Friday, May 13 4:30-7pm, Downtown Ames

515 Day is a celebration in Downtown Ames for those who live, work and play in the 515 area code. Visit Ames Public Library's station at the 515 Day Block Party between 4:30-7pm on May 13 for family-friendly fun!

AMS National History Day Exhibit Hall

Monday, May 16, 6pm, Auditorium

Join Ames Middle School students as they celebrate and demonstrate their projects from National History Day.

National History Day is a national competition that asks students to research a topic of their choice, make a historical argument related to the annual theme (which this year was Debate and Diplomacy), and present their evidence as a website, film documentary, exhibit, performance, or research paper.

Presented in partnership with Ames Public Library and Ames Community School District.



Friday, May 13, 4pm, Teen Space

Join our monthly meetup to watch some anime, talk about your favorite manga, or create your own art and manga. This free event is open to 6th-12th graders. Anime watched is considered to be rated G to PG-13.



TEEN ADVISORY GROUP

Wednesday, May 18, 6:30pm, Teen Space

Help plan exciting Library events for teens, share what you're reading, and make new friends. For more information, e-mail eatwell@amespubliclibrary.org or join us in the Teen Space.

Supported by the Ames Public Library Friends Foundation.



Wednesday, May 18 10am-12pm, Iowa State University Library

Road Trip to Iowa State University Parks Library

Meet at the ISU Parks Library promptly at 10am. Visitors will get to tour the facility and then do some family research! Find parking information and more details at www.storygenes.com.

Presented in partnership with Ames Public Library and the Story County Genealogical Society.



Saturday, May 21 11am-12pm, Auditorium

Come to the Library for our monthly Saturday STEM event! Try out a variety of exciting STEM activity stations, including robotics fun.

Supported by the Iowa Governor's STEM Advisory Council.



Tuesday, May 24 4-6pm, Teen Space

Drop in and try out some of your STEAM skills during our monthly Maker Challenge. Open to 6th-12th graders.



Tuesday, May 24 7pm, via Zoom

Topic: Behind the Beat

Presenter: Jenny Barnett, African American Museum of Iowa

Music will be used to explore African American history, from the African beats to the jazz of the Harlem Renaissance to the popular music of the Civil Rights movement.

The influences of traditional African music can be seen in the spirituals sung by African Americans while they worked as slaves, elements of spirituals can be found in blues, blues led way to jazz, jazz spurred on R&B, rock and roll, hip hop, and other forms of modern music.

Each musical style has ties to history - jazz - the Harlem Renaissance – Motown - the Civil Rights Movement. To understand history, you just have to look Behind the Beat!

This month's event will be held online only. The presentation will be also be played live on the screen in the Auditorium.

Presented in partnership with Ames Public Library and Ames History Museum. Program funded by Humanities Iowa, a private, non-profit state affiliate of the National Endowment for the Humanities.

Get **local history** from your **local library** wherever you are, 24/7!

The online Ames Tribune Archive lets you search issues of the Ames newspaper dating back to 1877 online for free! Glimpse the past with the Farwell T. Brown Photographic Archive, including hundreds of original photographs, postcards, advertisements, and news articles which chronicle the history of the Ames area. Get started at www.AmesPL.org/learn-explore/local-history





Wednesday, May 25 10am-12pm, Danfoss Room

Run into a brick wall? Not sure where to start researching your roots? Stop by this monthly meetup of local genealogists to get help with research, software and writing your family story.

Presented in partnership with Ames Public Library and the Story County Genealogical Society.



What About Waste

Thursday, May 26 6pm, Auditorium or via Zoom

Join City of Ames Resource Recovery staff to learn how they handle our trash. Staff will share information about the sustainability efforts in place now, how sustainability practices around trash may grow in the future, and what you can do now to reduce the items that are going into the trash—including information on Rummage RAMPage.

Presented in partnership with Ames Public Library and the City of Ames.

The Library & Bookmobile will be CLOSED Monday, May 30.



SUMMER READING CHALLENGE for all ages begins June 1!

Watch for:

- Reading gameboard to earn prizes
- Weekly events featuring magicians, artists, animals, and more
- Free summer meals for kids and teens
- And lots more!





028: Real Reads

2nd Thursday of Each Month 7pm, Board Room or via Zoom Register at amespubliclibrary.org/events

028 focuses on recently published, popular nonfiction on a variety of topics

May 12: **Minor Feelings:** An Asian American Reckoning by Cathy Park Hong

June 9: **The Girl Explorers:** The Untold Story of the Globetrotting Women



Who Trekked, Flew, and Fought Their Way Around the World by Jayne Zanglein

Supported by the Ames Public Library Friends Foundation and Northcrest Community.

Books @ Noon

4th Wednesday of Each Month 12pm, Rotary Room or via Zoom

Share what you've read recently—fiction or nonfiction and hear about what everyone else is reading.

Mystery Lovers Book Club

1st Wednesday of Each Month 12pm, Rotary Room

Mystery readers, come talk about books by a selected author or on a theme!

May 4: Any mystery by a woman of color

June 1: Tana French

Great Books 1

3rd Sunday of Each Month In the Board Room or via Zoom REGISTRATION FULL

Great Books 2

1st Sunday of Each Month, 1:30-3:30pm In the Rotary Room or via Zoom Call (515) 239-5646 ext. 4 to register

Come discuss classic short stories and essays recommended by the Great Books Foundation.

Supported by the Ames Public Library Friends Foundation.

View from the Margins

2nd Sunday of Each Month 2-4pm, Board Room or via Zoom Register at amespubliclibrary.org/events

Check out this book discussion group exploring social and cultural topics through the lens of fiction and nonfiction.

The goal is to encourage deep reflection and nuanced discussion about how the topics' impacts manifest and resonate in modern society.

May 8: **Crying in H Mart** by Michelle Zauner

June 12: **The Five Wounds** by Kristin Valdez Quade



Supported by the Ames Public Library Friends Foundation.

STORYTIMES & MORE

Regular youth events end May 14. Get ready for a summer of fun!



NEW: German Storytime

Sunday, May 1, at 4pm, Storytime Room

German Storytime is a chance for children and families to immerse themselves in stories, songs and all things fun about German culture. Come learn and engage in this bilingual storytime experience.

Baby Time

Tuesdays at 1:30pm Wednesdays at 11am Thursdays at 6:30pm Storytime Room

Bring your pre-walker to the Library for stories, songs, and baby sign language. Join with other caregivers and older siblings for 20 minutes of socially-distanced fun and learning. Feel free to bring a stuffed animal or doll for the older sibling to learn along with you. Babies and caregivers are welcome to stay and play after the event!

Toddler Storytime

Wednesdays 10:30am, Storytime Room

Families are invited for a storytime filled with music, stories, and fun!

Family Storytime

Tuesdays and Saturdays 10:30am, Storytime Room

Children of all ages and their grown-ups are invited to this socially-distanced storytime to build listening, language, and literacy skills.



Tuesdays 11am-12pm Youth Makerspace

Drop in and enjoy this process-focused craft or activity meant for children and their grown-ups.



Fridays 10:30am Auditorium

Families are invited to get hands-on with a fun science activity for all ages!



Wednesdays 3:45-4:30pm Storytime Room

Kids in kindergarten through 5th grade are invited to be Wild on Wednesdays at the Ames Public Library. Enjoy a snack, crafts or science experiments, and more!

THE BOOKMOBILE



MONDAY

Mitchell School: 2:45-3:45pm (3521 Jewel)

Sawyer School: 5-8pm (4136 Ontario)

TUESDAY

St. Cecilia School: 3-4pm (Hoover & 30th Street)

WEDNESDAY

Edwards School: 2:45-3:45pm (820 Miller)

Fareway on Stange: 5-8pm (Stange & Bloomington)

THURSDAY ISU Campus: 11am-1pm (Near Parks Library)

Check out Library materials for all ages at any of the **Bookmobile's** weekly stops!

Use your student library card Ames all year

Don't let the summer slide by without any learning! Ames Public Library's large selection of books, kits, and online resources make it easy to stay in the learning habit.

long!

Speaking of easy, Ames Community School District students already have an account at Ames Public Library! All you need is your student's school ID number and their birthdate.

You'll be able to check out books, movies, STEM activity kits, tablets loaded with educational apps, passes to local museums and attractions, and much more. You can also use online resources for free, including e-books, virtual tutoring, language learning, and other educational tools.

Find out more at www.AmesPL.org/StudentLibraryCard

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The Ames Public Library Friends Foundation would like to thank the following sponsors for their support:





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Help support Page One and other Library services and programs by donating online at www.aplff.org or mailing your check to P.O. Box 1832, Ames, IA 50010.

LIBRARY EVENTS MAAY 2022 WWW.amespubliclibrary.org

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|--|--|--|---|
| 1 Great Books 2 ℃ 1:30-3:30pm Rotary Room or via Zoom German Storytime 4pm, Storytime Room | 2 Conversation Circles English: 11am-12pm Danfoss Room Study Space 1-8:45pm, Danfoss Room | 3 Family Storytime 10:30am, Storytime Room Kids Create 11am-12pm Youth Makerspace The Bridge Home 11am-2pm, First Floor Study Space 1-8:45pm, Danfoss Room Baby Time 1:30pm, Storytime Room Conversation Circles ▶ Spanish: 7-8:30pm Board Room or via Zoom | 4 Toddler Storytime 10:30am, Storytime Room Baby Time 11am, Storytime Room Mystery Lovers Book Club 12pm, Rotary Room Study Space 1-8:45pm, Danfoss Room Wild on Wednesdays 3:45-4:30pm Storytime Room Ending the Silence for Teens 7pm, Rotary Room Mothering Circle 7pm, Teen Space | 5 Homeschool Book Club 10am, Auditorium ACCESS at the Library 1-4pm, Second Floor Study Space 1-8:45pm, Danfoss Room Teen Videogames 3:30-6pm, Teen Space The Bridge Home 4-7pm, Second Floor Baby Time 6:30pm, Storytime Room | 6 Storybook Science 10:30am, Auditorium The Bridge Home 11am-2pm, Second Floor Study Space 1-5:45pm, Danfoss Room | 7 Family Storytime 10:30am, Storytime Room Study Space 1-5:45pm, Danfoss Room Paulo Padilha e Bando 2pm, Auditorium Conversation Circles Russian: 3-4pm French: 4-5:30pm Board Room or via Zoom |
| 8 View from the Margins ∑ 2-4pm, Board Room or via Zoom | 9 Conversation Circles English: 11am-12pm Danfoss Room Study Space 1-8:45pm, Danfoss Room | 10 Family Storytime 10:30am, Storytime Room Kids Create 11am-12pm Youth Makerspace The Bridge Home 11am-2pm, First Floor Study Space 1-8:45pm, Danfoss Room Baby Time 1:30pm, Storytime Room Conversation Circles Spanish: 7-8:30pm Board Room or via Zoom | 11 Toddler Storytime 10:30am, Storytime Room Baby Time 11am, Storytime Room Study Space 1-8:45pm, Danfoss Room Wild on Wednesdays 3:45-4:30pm Storytime Room Mindful Teen Skills Workshop 6pm, PEO Room | 12 Mothering Circle 10am, Teen Space Movies with Mainstream 10am-1pm, Auditorium ACCESS at the Library 1-4pm, Second Floor Teen Videogames 3:30-6pm, Teen Space The Bridge Home 4-7pm, Second Floor Baby Time 6:30pm, Storytime Room 028: Real Reads ↑ 7pm, Board Room or via Zoom | 13 Storybook Science 10:30am, Auditorium The Bridge Home 11am-2pm, Second Floor Teen Anime Club 4pm, Teen Space 515 Day Block Party 4:30-7pm, Downtown Ames | 14 Family Storytime 10:30am, Storytime Room Conversation Circles Russian: 3-4pm French: 4-5:30pm Board Room or via Zoom |
| 15 Great Books 1 ℃ 2-4pm, Board Room or via Zoom Registration Full | 16 Conversation Circles English: 11am-12pm Danfoss Room AMS National History Day Exhibit Hall 6-8pm, Auditorium | 17 The Bridge Home 11am-2pm, First Floor Conversation Circles Spanish: 7-8:30pm Board Room or via Zoom | 18 Genealogy Plus ℃ 10am-12pm Iowa State University Library, 701 Morrill Rd. Teen Advisory Group 6:30pm, Teen Space Mothering Circle 7pm, Storytime Room | 19 ACCESS at the Library 1-4pm, Second Floor Teen Videogames 3:30-6pm, Teen Space The Bridge Home 4-7pm, Second Floor Library Board of Trustees Meeting 7pm, Rotary Room | 20 The Bridge Home 11am-2pm, Second Floor | 21 Saturday STEM 11am-12pm, Auditorium Conversation Circles Russian: 3-4pm French: 4-5:30pm Board Room or via Zoom |
| 22 | 23 Conversation Circles English: 11am-12pm Danfoss Room | 24 The Bridge Home 11am-2pm, First Floor Teen Maker Challenge 4-6pm, Teen Space Ames History Museum: Behind the Beat ↑ 7pm, via Zoom Conversation Circles ↑ Spanish: 7-8:30pm Board Room or via Zoom | 25 Genealogy Help Session 10am-12pm, Danfoss Room Books @ Noon 12pm Rotary Room or via Zoom | _ | 27 The Bridge Home 11am-2pm, Second Floor | 28 Conversation Circles Russian: 3-4pm French: 4-5:30pm Board Room or via Zoom |
| 29 | 30 Library and Bookmobile CLOSED | 31 The Bridge Home 11am-2pm, First Floor Conversation Circles Spanish: 7-8:30pm Board Room or via Zoom | SUMMER READING CHALLENGE for all ages begins June 1 | Teen | ges/Mix Symbols: ly Event Event t Event | Registration Required Available Online Off Site |

If you are a person with a disability who requires special assistance, please call (515) 239-5646 in advance of a program.

Ames Public Library connects you to the world of ideas through diverse and inclusive resources and programs. We welcome program proposals via our website www.AmesPL.org.